



MEDIA RELEASE

Tuesday 24 February 2015

Valuable Skills shared at EatPlayLearn

Families in Heywood were able to walk away with new skills at the recent EatPlayLearn event held last Friday.

Three short presentations were offered by specialists, providing digestible information for parents to take home and action.

Glenn Hunter, from DWECHS, spoke about the impact of fast foods on children's diet. The role of physical activity combined with a proper diet is the best way to promote a healthy lifestyle.

Sue Krepp from Consumer Affairs of Victoria was concerned about the number of nursery and children's toys being sold at markets that are not meeting safety standards. Removable parts able to fit into a small jar demonstrated just how easy choking hazards can be.

Amanda Merryfull, from OzChild delighted the children by sharing a number of songs and stories with the children by using some very easy props. Parents were able to see that engaging with their child from birth can be fun and beneficial for their learning.

Nicole Angelino, Executive Officer, United Way Glenelg was delighted with the format of the event

"The concept of delivering 3 important messages to families in this format was very successful and can be built on for future events"

"Parents are the first teachers! It's important we support them so children have more opportunities for a better life," concluded Ms Angelino.

For more information contact Nicole Angelino on 0410 513 305 or via email mail@unitedwayglenelg.com.au.

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