

## ***MEDIA RELEASE***

Tuesday 28 April 2020

### **New staff member provides invaluable medical training to medical staff**

Staff at Portland District Health (PDH) have a new training tool. The name is Anne and they are proving to be invaluable.

Since 1960, Resusci Anne has been the preferred CPR (cardiopulmonary resuscitation) training manikin of healthcare professionals, however with new advancements, Resusci Anne QCPR (Quality CPR) is now superior thanks to its realistic qualities.

Having outdated CPR manikins, PDH had identified that this made training challenging for instructors to provide accurate and objective feedback when assessing techniques.

PDH Education Clinical Support Nurse, Nicola Taylor said techniques such as correct depth of compressions, appropriate compression rate, full release, enough hands-on time, and adequate ventilation.

“Other medical services such as Ambulance Victoria use our Clinical Skills Lab and manikins to practice their Basic and Advanced Life Support.”

Basic Life Support is a mandatory competency that all 450 PDH employees are required to complete yearly. While it was originally planned for Resusci Anne to be used to continue this training, it is only with the recent COVID-19 Pandemic that it is understood how important he has become.

Portland District Health Director of Nursing Ms Ros Alexander said Resusci Anne is being used by Urgent Care Centre staff, in readiness for COVID-19, a respiratory illness.

“Resusci Anne is allowing our staff the opportunity to upskill in respiratory management.

“It provides real-time feedback for immediate adjustments and summative feedback for post-event debriefing. We have Resusci Anne permanently set-up, making training available to all staff 24 hours a day.

Changes have been made to training, now requires 1:1 session,” conclude Ms Alexander.

Resusci Anne was purchased using funds received from United Way Glenelg Community Fund.

If you would like to donate to the United Way Glenelg Community Fund to support improving the lives of individuals and families living in the Glenelg Shire community go to <https://www.givenow.com.au/unitedwayglenelg> or [mail@unitedwayglenelg.com.au](mailto:mail@unitedwayglenelg.com.au)

*Photo: L- R Kylie Micallef, Acting Education Department Manager and UCC nurse and Michelle Finck*

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