



Act #1

Pick up rubbish from a playground, beach or public place



Act #2

open a door for a stranger



Act #3

call a friend you haven't spoken to for a while



Act #4

welcome friends and strangers in the Dhauwurd Wurrung language. Ngata / Pronounced NAH-ta



Act #5

chat to a neighbour



Act #6

Bake a treat to share



Act #7

write a letter or send a card to an older person in an aged care facility. Address it to "any resident"



Act #8

Purchase an item for one of our Little FREE Pantries



Act #9

If you're in line, invite the person behind you to go first



Act #10

Thank someone for going the extra mile



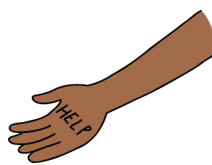
Act #11

Put your phone away and spend time with someone



Act #12

Share a "dad joke" with somebody



Act #13

offer a neighbour, family, a friend or coworker some help



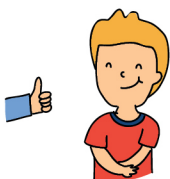
Act #14

Let someone special know how important they are to you!



Act #15

wrap a copy of your favourite book, game or puzzle and gift to someone special



Act #16

Give somebody a compliment



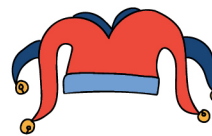
Act #17

Learn more about a social issue to gain a new perspective



Act #18

Make an effort to listen more than you speak



Act #19

wild card, create your own act of kindness



Act #20

Donate a little something to your favourite charity



Act #21

Make somebody laugh today



Act #22

Do something kind for yourself



Act #23

Buy someone a coffee



Act #24

Sign up for something you can volunteer to do in the next month



Act #25

Read to somebody today - a child, an older person or even to your pet

ACTS OF KINDNESS

ADVENT CALENDAR

We want to inspire you to act with kindness – Take part in our advent calendar with a difference!

The acts of kindness advent calendar will inspire you to carry out one act of local love every day for 25 days! Do it on your own, share the acts with a friend, or grab some mates and challenge one another.

Share your act by posting on your socials with the hashtag **#glenelgactsoflocalkindness**

It's fun, it's kind and it's FREE to do!