

MEDIA RELEASE

DATE

Tuesday 9 April 2024

United Way Glenelg grant amplifies global female empowerment with the help of Days for Girls

Efforts to enhance health and education for girls and women in developing countries such as Papua New Guinea and Sri Lanka, have taken a positive step forward with a grant of \$4,700 from United Way Glenelg Lewis Court Fund.

Local volunteer-led teams of Days for Girls sew, prepare and distribute sustainable menstrual kits to girls and women who would otherwise miss school or work during their monthly periods.

Di Burch, who co-ordinates the program locally believes they have made close to 7,000 kits. These kits, meticulously assembled by a dedicated team of 20-25 local volunteers, including six who contribute from their homes, are designed to meet the gold standard set by Days for Girls, ensuring their effectiveness and reliability.

Graham Burch, who devotes hours to preparing all the elements before the weekly volunteer sessions, emphasised that each kit involves approximately 50 steps of sewing, ironing and folding. This highlights the crucial role of dedicated volunteers in ensuring the success of the project.

United Way Glenelg Executive Officer, Nicole Carr, is proud of the groups' achievement.

"Our collaboration with Days for Girls exemplifies collective action. It's more than just aid; it's about empowering women and girls to take control of their health and education. This initiative perfectly aligns with our mission of creating meaningful change through health, education, and financial stability."

"These kits not only serve as a vital health resource for girls and women worldwide, but locally it plays a crucial role in socially connecting volunteers," she said.

Highlighting the profound community impact of the initiative, local volunteer "Gloria", a widow who has found solace and connection through her involvement, shared, "Joining Days for Girls gave me a reason to step out, meet people, and feel less isolated. I deeply missed the friendship during the brief hiatus over Easter."

For more information on Days for Girls head to their social media page Days for Girls Portland.

-END-

For media inquiries or more information about United Way Glenelg Lewis Court Fund please contact:

Nicole Carr, United Way Glenelg Executive Officer
Phone: 0410 513 305 Email: mail@unitedwayglenelg.com.au

[End of Media Release]
