GLENELG SHIRE COMMUNITY FOOD RELIEF SERVICE GUIDE







- FREE SHARED COMMUNITY MEALS -

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Free morning tea Wednesdays 10am-12pm Edgar Street Heywood (Next to post office)

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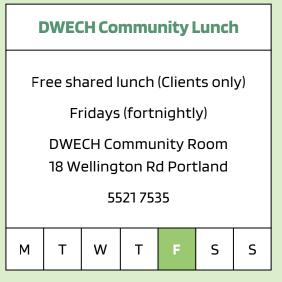
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- TAKEAWAY AND DELIVERY -

Baptist Church Portland

Free frozen home-cooked meals

Wednesdays

Portland/Heywood delivery or pick up from church 25/33 Learmonth Street Portland

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Meals on Wheels

Delivered home-cooked meals (costs may apply)

Shire wide

Contact My Aged Care for more information 1800 200 422



- FOODBANKS AND PANTRIES -





Little FREE Pantries (Pantry items) Available 24/7 Multiple locations throughout shire 0410 513 305 M T W T F S S





- HAMPERS AND OTHER SUPPORT -

Captain Sal

Salvation Army Support Bus Coffee, biscuits, breakfast packs, and other support

Tuesdays (when court sits)

Portland Magistrate's Court 67 Cliff St Portland

5523 3749

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Salvation Army Portland

Fruit & Veg Hampers, Food relief hampers & other material aid

Mon-Fri from 10:30am

Portland Salvation Army 33 Henty Street Portland

5523 3749

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Vinnies Casterton

Food vouchers for the local supermarket

Available by appointment at the Vinnies shop

McPherson St Casterton

Tuesday - Friday 11am -2pm 5581 2161

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Merino Community Health Centre

Long-life hampers

Mon-Fri 9am-5pm

Merino Community Health Centre 21 High Street Merino

5579 1303

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- FRESH PRODUCE -













- WESTERN DISTRICT FOODSHARE EMERGENCY FOOD HAMPERS -

If you're linked with one of these agencies, you may be able to receive 3 days of food supplies from Western District Food Share. Contact your agency directly; do not contact Western District Food Share, as your agency worker is required to place the order Salvation Army Hamilton 5572 1907 Wellways 4333 0251 Department of Families, Fairness and Housing Victoria 1300 475 170 Meli 5226 8900 **Brophy** 1300 276 749 South West Healthcare 5563 1666 M Power 5561 8111 Gunditjmara Co-op 5559 1234 Windamara Aboriginal Corporation 5527 0000 Department of Justice 1300 365 111 **Rural Finance Team** 1800 260 425



Health Promotion Team, Portland District Health healthpromotion.pdh@swarh.vic.gov.au 5522 1197

