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**MEDIA RELEASE**

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**DATE**

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**Young voices shine in United Way Glenelg's new kindness calendar project**

United Way Glenelg has been working with Dartmoor Primary School to refresh the much-loved *25 Acts of Kindness*, a community initiative shared widely across the Glenelg Shire for the past five years in the lead-up to Christmas.

The *Acts of Kindness* advent-style calendar is designed for people of all ages to participate in at any time of the year. It encourages simple, everyday actions that build connection, gratitude and community spirit. After half a decade, the time has come for a new list of ideas, this time created by local students.

Dartmoor Primary School's Mental Health & Wellbeing Leader, Beth Arthur, has been working with students to develop 25 fresh acts of kindness that reflect what caring for others looks like from a child's perspective. Local artist Robyn Carter from Yellow Cup Creative has created cute illustrations for each act, with the completed calendar to be shared across the community.

United Way Glenelg will also share each daily act of kindness on their social media pages throughout December and encourages the whole community to get behind this initiative during the festive season.

"This is one of those projects that shows just how insightful and generous young people can be," said Nicole Carr, Executive Officer, United Way Glenelg.

"Their ideas will help shape a lovely resource that encourages families and individuals across our community to embrace kindness in small, meaningful ways."

Beth Arthur said the school was excited to participate.

"Our students loved helping with the acts of kindness calendar," she said.

"This gives them a chance to think creatively about the small actions that can make a big difference. It's a lovely way for them to contribute to something the whole community can use."

The calendar will be available to download from United Way Glenelg website and on United Way Glenelg Social Media pages.

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